

PSHE / RSE Framework

Class 5 (Year 6)

PSHE/RSE Curriculum Framework Class 5 (Year 6)								
Term	Autumn Term			Spring Term			Summer Term	
Core Theme	Health and Well-Being	Covered	Core Theme	Relationships	Covered	Core Theme	Living in the Wider World	Covered
HEALTHY LIFESTYLES	HL 1: Images in the media & reality.		FEELINGS & EMOTIONS	FE 1: Confidentiality and when to break a confidence.		RIGHTS&RESPONSIBILITIES	RR 1: Discuss & debate health & wellbeing issues.	
HEALTHY LIFESTYLES	HL 2: How this can affect how people feel.		FEELINGS & EMOTIONS	FE 2: Managing dares.		RIGHTS&RESPONSIBILITIES	RR 2: Human rights	
HEALTHY LIFESTYLES	HL 3: Risks and effects of drugs.		HEALTHY RELATIONSHIPS	HR 1: Different types of relationships, positive, healthy.		RIGHTS&RESPONSIBILITIES	RR 3: The rights of child.	
GROWING/CHANGING	GC 1: Recognising what they are good at.		HEALTHY RELATIONSHIPS	HR 2: Maintaining relationships.		RIGHTS&RESPONSIBILITIES	RR 4: Cultural practices and British Law.	
GROWING/CHANGING			HEALTHY RELATIONSHIPS	HR 3:		RIGHTS&RESPONSIBILITIES		

	GC 2: Setting goals, aspirations.			Recognising when a relationship is unhealthy, incl forced marriage.			RR 5: Being part of a community; Groups that support community.	
GROWING/CHANGING	GC 3: Changes at puberty, recap Y4.		HEALTHY RELATIONSHIPS	HR 4: Committed, loving relationships. Marriage. *		RIGHTS&RESPONSIBILITIES	RR 6: Being critical of what is in the media and what they forward to others.	
GROWING/CHANGING	GC 4: Human reproduction.		HEALTHY RELATIONSHIPS	HR 5: Acceptable and unacceptable physical touch.		ENVIRONMENT	E 1: How resources are allocated.	
GROWING/CHANGING	GC 5: Roles & responsibilities of parents.		HEALTHY RELATIONSHIPS	HR 6: Personal boundaries and the right to privacy. *		ENVIRONMENT	E 2:Effect of this on individuals.	
KEEPING SAFE	KS1: Independence.		VALUING DIFFERENCE	VD 1: Listening to others.		ENVIRONMENT	E 3: Communities and environment.	
KEEPING SAFE	KS 2: Increased responsibility.		VALUING DIFFERENCE	VD 2: Raise concerns & challenge.		MONEY	M 1: Enterprise. Setting up an enterprise.	

KEEPING SAFE	KS 3: Keeping safe.		VALUING DIFFERENCE	VD 3: What makes people the same or different.			
KEEPING SAFE	KS 4: Influences on behaviour.		VALUING DIFFERENCE	VD 4: Recognising and challenging stereotypes.			
KEEPING SAFE	KS 5: Resisting pressure.		VALUING DIFFERENCE	VD 5: Discrimination and bullying. *			
KEEPING SAFE	KS 6: Rights to protect their body & speaking out, including against FGM.						
KEEPING SAFE	KS 7: Who is responsible for their health & safety.						
KEEPING SAFE	KS 8: Where to get help and advice.						

	HL 1:		Story of Afghan refugee: secrecy of flight what is important to us as confidential/secrets - not life and death but our needs too can feel big.	FE 1:		story set in WW11 :covered topics of nutrition and neglect, DV and abuse, emotional needs of a child, communities that care and work together both in the city and rural. Mental health and social workers, how these resources have improved. How law can be interpreted differently and sensing the difference inside people even if words used are the same. Care of self and others= win win.	RR 1:	
	HL 2:		Many conversations about a dare game brought much to consciousness and the freedom of choice we have to join in or not. Adult help is there when needed.	FE 2:		As above	RR 2:	
	HL 3:			HR 1:		As above	RR 3:	
	GC 1:			HR 2:		As above	RR 4:	
	GC 2:			HR 3:		As above	RR 5:	

	GC 3:			HR 4:			RR 6:
	GC 4:			HR 5:			E 1:
	GC 5:			HR 6:			E 2:
	KS 1:			VD 1:			E 3:
	KS 2:			VD 2:			M 1:
	KS 3:		Different cultural backgrounds even within our country, how many different ethnicities in class?	VD 3:			
	KS 4:		Not all those of the same colour or ethnicity are the same some are kind some are not is that from their experience?	VD 4:			
	KS 5:		reflecting on: cultural differences, violence and both lack of care and extra care for a child. Whose responsibility are displaced people? Difference in women's roles arranged marriages. Education for women and other rights.	VD 5:			

			<p>Strong bonds of culture, safety is not just physical but emotional.</p> <p>Importance of warmth between people, those who care- relationship</p>				
	KS 6:						
	KS 7:						
	KS 8:						