

PSHE / RSE Framework

Class 4 ( Year 5 )

PSHE/RSE Curriculum Framework Class 4 ( Year 5 )								
Term	Autumn Term		Core Theme	Spring Term		Core Theme	Summer Term	
Core Theme	Health and Well-Being	Covered	Core Theme	Relationships	Covered	Core Theme	Living in the Wider World	Covered
HEALTHY LIFESTYLES	HL 1: What positively & negatively affects health & well-being.		FEELINGS & EMOTIONS	FE 1: Responding to feelings in others.		RIGHTS&RESPONSIBILITIES	RR 1: Discuss & debate health & wellbeing issues.	
HEALTHY LIFESTYLES	HL 2: Making informed choices.		HEALTHY RELATIONSHIPS	HR 1: Actions have consequences of actions.		RIGHTS&RESPONSIBILITIES	RR 2: Rules and laws.	
HEALTHY LIFESTYLES	HL 3: Benefits of a balanced diet.		HEALTHY RELATIONSHIPS	HR 2: Working collaboratively.		RIGHTS&RESPONSIBILITIES	RR 3: Changing rules and laws.	
HEALTHY LIFESTYLES	HL 4: Different influences on food.		HEALTHY RELATIONSHIPS	HR 3: Negotiation & compromise.		RIGHTS&RESPONSIBILITIES	RR 4: Anti-social behaviour.	
HEALTHY LIFESTYLES	HL 5: Skills to make choices.		HEALTHY RELATIONSHIPS	HR 4: Giving feedback.		RIGHTS&RESPONSIBILITIES	RR 5: Respecting and resolving difference.	
GROWING/CHANGING	GC 1: Recognising what they are good at.		VALUING DIFFERENCE	VD 1: Listening to others.		ENVIRONMENT	E 1: Different rights. Responsibilities and duties *	

GROWING/CHANGING	GC 2: Aspirations		VALUING DIFFERENCE	VD 2: Raise concerns & challenge.		MONEY	M 1: Importance of finance in people's lives.	
GROWING/CHANGING	GC 3: Intensity of feelings.					MONEY	M 2: Being a critical consumer.	
GROWING/CHANGING	GC 4: Managing complex feelings. *					MONEY	M 3: Looking after money	
GROWING/CHANGING	GC 5: Coping with change & transition.					MONEY	M 4: Interest; loan; debt management; tax	
GROWING/CHANGING	GC 6: Bereavement & grief							
KEEPING SAFE	KS 1: Strategies for managing personal safety in the local environment.							
KEEPING SAFE	KS 2: Online safety; including image sharing.							
KEEPING SAFE	KS 3: Mobile phone safety.							

