

PSHE / RSE Framework

Class 2 ( Year 3 )

PSHE/RSE Curriculum Framework Class 2 ( Year 3 )								
Term	Autumn Term			Spring Term			Summer Term	
Core Theme	Health and Well-Being		Core Theme	Relationships		Core Theme	Living in the Wider World	
		Covered			Covered			Covered
HEALTHY LIFESTYLES	HL 1: What makes a balanced diet.	Ongoing-mealtimes set up with thought and discussion about healthy food choices	FEELINGS & EMOTIONS	FE 1: Recognising feelings in others.	Ongoing as part of day to day pastoral aspect of e.g. conflict resolution using restorative. Discussion of feelings as part of recall of stories. October: the story of the Fox and the Crane-how did the Crane feel when the fox	RIGHTS & RESPONSIBILITIES	RR 1: Discuss & debate health & wellbeing issues.	

					tricked him into thinking he was kind? November: Use of 'Amazing Grace' story as basis of discussion about how it might feel to be judged by appearance .		
HEALTHY LIFESTYLES	HL 2: Opportunities for making own choices with food.	Ongoing- Choices available for those who have school meals- discussion including how different people may feel they need to eat more/less, respecting different opinions about what is nice to eat.  Discussion arising from an animal who only ate raw meat, led to talk about different choices vegetarian, vegan etc	FEELINGS & EMOTIONS	FE 2: Responding to how others are feeling.	Ongoing as above. December: Use of book 'Halibut Jackson' to talk about those who might feel shy. Discussion followed about the different ways we might make someone who felt shy and	RIGHTS & RESPONSIBILITIES	RR 2: Being a part of a community & who works in the community.  Ongoing daily care for the classroom environment, with conscious emphasis on how we do this to care for the class community. Michaelmas celebration work around school.  Conversation around where things come from from story set in

					someone who liked to be very sociable feel welcome.			rural farming into which a city born cousin comes and learns, often the hard way, to be cooperative
HEALTHY LIFESTYLES	HL 3: What influences their food choices; habits.	Ongoing- as above	FEELINGS & EMOTIONS			ENVIRONMENT	E 1: Responsibilities, rights and duties.	Ongoing- conscious prompting and routines to care for the classroom and school community. Use of restorative conversations and emphasis on making the right choices and having responsibility for the care of others.
GROWING AND CHANGING	GC 1: Recognising what they are good at; setting goals.	Ongoing- for example developing skills in skipping, sequence of steps to achieve goal of being able to jump in and skip. Noticing that different people	HEALTHY RELATIONSHIPS	HR 1: Positive; healthy relationships & friendships; maintaining friendship.	Ongoing circle discussion, as before.	MONEY	M 1: Enterprise; what it means.	

		arrive at their goals at different rates. Use of growth mindset language in the classroom- 'How can I do...' rather than 'I can't...' and instead of 'I can't...'; 'I can't...yet.'"						
GROWING AND CHANGING	GC 2: Describing feelings; conflicting feelings and how to manage feelings.	Ongoing individual use of restorative conversatio to resolve conflict. September/October : Whole class circles talking about ways that we show care for others in friendship and comparing different feelings our classmates have towards the same thing e.g. are chasing/grabbing games exciting or scary?	HEALTHY RELATIONSHIPS	HR 2: Actions affect ourselves & others.	Ongoing restorative/ circle discussions. Curriculum- Fables and stories of Saints give an ongoing theme of how actions can have a positive effect e.g. St Lucia helped the poor and doing that helped her to know what she wanted to do in her life, and negative	MONEY	M 2: Developing skills in enterprise.	

					e.g. the hare was so sure that he was going to win the race that he took a nap and ended up losing.			
KEEPING SAFE	KS 1: School rules on health & safety	Ongoing- Children are reminded by staff about rules, particularly for playtime. Circle discussions also used to work out their own rules e.g. October- rules for everyone using the slide happily devised by the class	HEALTHY RELATIONSHIPS	HR 3: Working collaboratively.		MONEY	M 3: (Cross year group project with year 6)	
KEEPING SAFE	KS 2: Basic emergency aid.		VALUING DIFFERENCE	VD 1: Recognising & responding to bullying.				
KEEPING SAFE	KS 3: People who help them stay healthy & safe.							
Topic areas/Recor	HL 1:			FE 1:			RR 1:	

d of Coverage								
	HL 2:			FE 2:			RR 2:	
	HL 3:			HR 1:			E 1:	
	GC 1:			HR 2:			M 1:	
	GC 2:			HR 3:			M 2:	
	KS 1:			VD 1:			M 3:	
	KS 2:							
	KS 3:							